

# THE Connection

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Number 12

## Deadline Friday for NLR Golf Tourney

The deadline to register for the BHMC-NLR Auxiliary's annual Pepsi Golf Scramble is June 4. This year's tournament will be held on Friday and Saturday, June 11-12, at Burns Park. The cost to play is \$240 for a three- or four-person team, and \$120 for a two-person team. This year a special ladies flight that will play on June 11 with the same registration fees. If you don't play golf, but want to support the volunteer auxiliary financially, you can become a "Friend of the Auxiliary" by donating \$25. Make checks payable to the BHMC-NLR Volunteer Auxiliary and send it to Sherry Lloyd in the BHMC-NLR volunteer office. If you are interested in playing on a team, please call Lloyd at ext. 3050 or Carl Brents at 835-3338 for a team registration form.

## Babysitting Course Offered at BHMC-LR

The Safe Sitter babysitting course is a medically accurate, hands-on class that teaches boys and girls ages 12 to 14 to handle emergencies when caring for children. Safe Sitter participants learn what to do when a child chokes, how to call for emergency help, basic child-care skills, how to entertain children, how to keep them safe, safety for the sitter, and babysitting business skills. This course offered by the Grace Steuri Women's Forum will be held from 9 a.m. to 3 p.m. on June 17-18 in the Women's Resource Center in the Hickingbotham Outpatient Center at BHMC-LR. The cost to is \$75. For more information or to register, call BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or 1-888-B-A-P-T-I-S-T.

## Asian Festival Offers Employee Discount

Little Rock's annual Asian Festival will be held from 10 a.m. to 6 p.m. on June 19 at the Mosaic Church (in the old Wal-Mart next to Kroger) on Col. Glenn Road. All BAPTIST HEALTH employees and up to four guests can receive \$1 off the \$3 admission by showing their ID badge. Admission for kids 8 and older is \$1. There will be Asian food, cultural entertainment, merchandise booths, a kids' area, and door prizes. For more information, call 772-0514.

# Overwhelming Employee Support Leads to Huge Success for Bolo Bash

By Kari Gillenwater, Special Events Program Director, BH Foundation

Vince Lombardi once said, "The achievements of an organization are the results of the combined effort of each individual."

BAPTIST HEALTH illustrates this point every day, and especially during Bolo Bash. Each year, BAPTIST HEALTH Foundation presents Bolo Bash, an annual event to raise money for BAPTIST HEALTH projects and programs.

This year we are proud to announce that the net proceeds from Bolo Bash 2004 exceed \$436,000, the largest sum ever raised through Bolo Bash! Proceeds from this year's event go toward expanding the Labor & Delivery and surgical facilities at BHMC-North Little Rock.

In the past, Bolo Bash has funded projects to help MedFlight, the heart transplant program, and scholarships for the students at the BAPTIST HEALTH Schools of Nursing and Allied Health. It has also supported the Grant Awards Program, which funds grants submitted by employees for equipment or services that directly impact patient care.

Bolo Bash consists of three major events — a golf tournament, dinner, and luncheon. The golf tournament is one of the largest and most successful charity tournaments in the state with more 540 golfers participating.

Orchestrating an event of this size takes a lot of planning, and this year a record 250 volunteers donated hundreds of hours to help facilitate the tournament, dinner, and luncheon.

BAPTIST HEALTH Foundation expresses our gratitude to these generous individuals who volunteered at Bolo Bash. Their valuable contributions of time equate to thousands of additional dollars for the Bolo Bash beneficiary.

Bolo Bash is funded primarily through corporate sponsorships of the golf tournament ranging from \$25,000 Diamond Sponsors to \$1,000 Executive Sponsors. The Bolo Bash luncheon and dinner events are also under the Bolo Bash umbrella and generate money through ticket sales.



On behalf of the patients and families served by BAPTIST HEALTH through Bolo Bash, we express our sincere appreciation to every person who gave of themselves for the success of this event. A special thank you also goes to our incredible Bolo Bash volunteer coordinators Debbie Cherry, Bradi Cozart, Sherrie Shollmier, and Terry Peebles for their invaluable service.

The achievements of BAPTIST HEALTH are truly the results of the combined effort of each individual. See page 2 for the full list of volunteers who helped make Bolo Bash 2004 an overwhelming success.

## Keeping You Connected

### EmployeeNet Surveys: Quarterly Results and Comments

By Tony Kendall, Vice President of Human Resources

Every quarter, I like to review with you in *The Connection* the results of EmployeeNet's "Pay Period Opinion Poll," which serves as an online forum for employees throughout the system, and include a sampling of your comments as well as mine.

Each biweekly question features an issue relevant to BAPTIST HEALTH employees and offers a way to include your comments in addition to participating in the survey. A new question is posted each payday, and can be accessed by clicking on the "Pay Period Opinion Poll" icon in the upper left portion of the main page on EmployeeNet.

If you have not yet participated in one of these surveys, I urge you to check it out and weigh in on the issue. We really do pay attention to employee responses, and your input can have a direct impact on future decisions. So log on to EmployeeNet — available on any system computer, including computer kiosks, and can also be accessed on your home computer — and be sure to also check out other great features of our employee web site.

Below are the questions and responses from each of the recent "Pay Period Opinion Polls."

Q. Did you have any problems with the online process of enrolling for your 2004 employee benefits?

Yes: 34%  
No: 64%

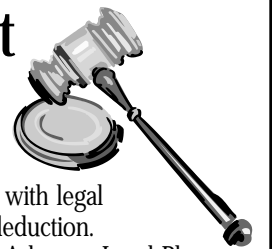
#### Employee comments:

- Not being able to access the HA physician list/PCP codes.
- Had to re-enter every field when just wanted to change child-care deductions.
- Longer to do on computer than paper, system slow.
- Needs to be more intuitive, print button.
- Would not let me remove dependents.

**Response:** Upgrades were made to the P&W software to improve speed and ability to select only those areas that you desire to change.

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## New Employee Benefit Offers Legal Services



This month BAPTIST HEALTH will begin offering a new benefit that provides employees with legal services for \$16.50 per month through payroll deduction.

The new plan, called the BAPTIST HEALTH Arkansas Legal Plan and administered through MetLife, covers employees, spouses, and their dependents. You do not have to wait for open enrollment to add this benefit to your package.

This new benefit covers unlimited telephone advice and office consultations on virtually any personal legal matter, preparation of wills, living wills, powers of attorney, affidavits, deeds, demand letters, notes and mortgages, and reviews of personal legal documents.

Some of the legal representation services included in this plan are the purchase, sale, or refinancing of a primary residence, debt collection defense and identity theft defense, civil litigation defense, tenant negotiations and eviction defense, name change, uncontested adoption and guardianship, immigration assistance, traffic tickets not including DUI, and juvenile defense.

For a complete plan description and a list of local plan attorneys, call 1-800-GET-MET8 or visit [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits).

BAPTIST HEALTH will offer the following upcoming employee in-services to help explain this new benefit, answer any questions, and help with the enrollment process.

June 3	BHMC-NLR	Conf. Room #1	6 a.m.-3 p.m.
June 4	BHMC-LR	Classroom #1 by Lab	6 a.m.-2:30 p.m.
June 7	BHMC-LR	Gilbreath #10	1-4 p.m., 8-10 p.m.
June 8	BHMC-NLR	Conf. Room #1	11 a.m.-3 p.m.
June 9	BHMC-NLR	Conf. Room #1	9 a.m.-1 p.m., 2-5 p.m.
June 10	BHMC-HS	Hospital classroom	10 a.m.-2 p.m.
June 15	BHMC-Ark.	Back dining room	9 a.m.-noon
June 15	Parkway Village	Conference room	2:30-3:30 p.m.
June 15	Parkway Health	Conference room	3:30-4:30 p.m.
June 16	BHSC	IS Conf. room	9:30-noon



## BH Wellness Services Now Offering Massages

Beginning June 22, massage will be available two days a week in two of the BAPTIST HEALTH Therapy Centers in Little Rock.

On Tuesdays, massage therapists will be at BAPTIST HEALTH Therapy Center-Bowman Curve from 5 to 8 p.m., and on Thursdays a massage therapist will be available at BAPTIST HEALTH Therapy Center-Heights from 1 to 8 p.m. To schedule appointments, call BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or 1-888-B-A-P-T-I-S-T.

The benefits of massage include stress and tension relief, decreasing neck and shoulder pain, decreasing stiffness and soreness of muscles and joints, renewed energy from mental and physical fatigue, and alleviating muscle spasms. Massage also promotes healing.

Ruth Martin and Teresa Gregory, who are both RNs in the BAPTIST HEALTH system and also massage therapists, are participating in this pilot program, according to Sandy Bowen, director of outreach and integrative medicine.

Swedish and deep tissue massage will be the initial offerings, but as the program grows, other therapies and other sites will be added. "We are starting small and hope that the demand will help us grow this program," said Bowen.

Bowen said that offering massage at the therapy centers allows the program to be in the neighborhoods where the patients live, and hopefully, the convenience will be an enhancement. "Massage was offered once before, but people had to come to us. Now, we're going to them."

Bowen said that working with Ellen Callaway, director of rehabilitation services, and the Physical Therapy staff has made this program easy to get off the ground.

Prices for the massages are \$30 for 30 minutes, \$55 for 60 minutes, and \$80 for 90 minutes. All BAPTIST HEALTH employees receive a \$5 discount per massage. Massages can be paid by cash or check. Gift certificates will be available from the massage therapists. ❖

## Employee Wellness Program Presents:

### Fabulous Fiber

By Misty Van Cleve, Employee Wellness Team Member

We've heard it all before — fiber, fiber, fiber. But many of us do not know just how important fiber can be. Fiber can lower blood cholesterol levels, aid in weight loss, lower your risk of colon cancer, and may assist in the control of blood sugars. Also, foods that are good sources of fiber tend to be rich in vitamins, minerals, and antioxidants.

You may be thinking, "If this stuff is so good for me, where do I find it and how much am I supposed to have?" The American Dietetic Association recommends consuming 20-35 grams of fiber a day, and 5-10 grams should be soluble fiber. However, the typical intake of fiber is about 12-17 grams with 3-4 grams of soluble fiber.

You mean, there are different types of fiber? Yes. Fiber comes in two different forms — insoluble and soluble. Here is an easy way to remember the difference: the soluble fiber acts like little brushes that clean out the arteries and vessels — this is what affects blood cholesterol levels.

Insoluble fiber is the "roughage" that adds bulk to our foods. It is indigestible so it doesn't add extra calories but slows digestion time, which helps us stay full longer. Also, insoluble fiber aids in keeping us "regular." Both kinds are equally important and should have a place in a healthy eating plan.

Nutrition expert Zonya Foco suggests that we "Think 10-10-10" to get our daily recommendations of fiber — 10 grams from fruit (three or more pieces); 10 grams from vegetables (three or more half-cup servings of vegetables); and 10 grams from whole grains (four or more servings of whole grain bread, cereals, brown rice, oatmeal).

#### Fabulous Fiber Sources

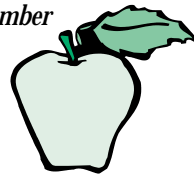
Here are some fiber-rich foods that should be included in our diet:

Food Source	Soluble	Insoluble
Apple (one medium)	1.0 g	2.8 g
Apricots (one cup)	2.0 g	1.7 g
Blackberries (one cup)	1.4 g	5.8 g
Grapefruit (one medium)	2.3 g	0.5 g
Whole wheat bread (one slice)	0.5 g	2.0 g
Oatmeal (3/4 cup, cooked)	1.0 g	2.0 g
Oat bran (1 ounce, uncooked)	2.0 g	2.3 g
Artichokes (one globe)	4.7 g	1.8 g
Kidney beans (half-cup)	2.9 g	2.9 g
Broccoli (half-cup)	1.4 g	1.4 g

The employee wellness team is presenting a series of articles in The Connection on wellness and health topics. Be sure to take advantage of BAPTIST HEALTH's great employee wellness program by getting your free wellness test at an upcoming date. Tests will be available through September.

#### Upcoming Employee Wellness Testing Dates

June 3	7:30 to 11 a.m.	Parkway Village
June 8	7 to 11 a.m.	BHMC-Heber Springs
June 9	7:30 to 11 a.m.	Autumn Road
June 16	7 to 11 a.m.	BHMC-NLR
June 16	11:30 a.m. to noon	BHMC-NLR Preschool
June 17	7:30 to 11:30 a.m., 1 to 3 p.m.	BHMC-Arkadelphia



## Thank You Bolo Bash 2004 Volunteers

Alexander, Terrah	Florez, Donna	Kidd, Tommy	Shaw, Gordon
Anderson, Louise	Fowler, Renee	Klink, Nancy	Shollmier, Sherrie
Arnold, Lynda	Fox, Louise	Knox, Janet	Simmons, Sandy
Barrow, Rose	Fox, Nancy	Knox, Paulette	Sims, Gail
Baughman, Kim	Franzola, Cohn	Lallemant, Sheryl	Smiatek, Tom
Bently, Kim	Frazier, Aline	Lancaster, Billy	Smith, Diane
Bishop, John	Frederickson, Jenny	Lancaster, Brenda	Snow, Gail
Bixler, Wanda	Fulton, Jennifer	Lantrip, Tina	Stephens, Sandy
Blair, Marie	Gangluff, Lavanda	Layes, Becky	Stephenson, Nancy
Blunk, Martha	Garner, Don	Leonard, Dorothy	Stockdale, Mary
Bona, Susan	Gast, Linda	Lewis, Marsha	Stricklin, Buffy
Bowen, Sandy	Gates, Clyde	Linn, Mark	Strobel, Dennis
Bratcher, Larry	Gates, Sarahann	Loftin, Roxanne	Strobel, Judi
Brents, Carl	Gershner, Donna	Lowe, Melanie	Tackett, Roxane
Buercklin, Denise	Glover, Sue	Lunsford, Char	Terry, Brad
Burk, Nikki	Goodhart, Brenda	Magiera-Planey, Renee	Thompson, Tiffany
Burt, Julie	Gottspomer, Diane	Manning, Charles	Tilton, Kathy
Callaway, Ellen	Graddy Gibson, Yanci	Manning, Sue	Tinsley, Brandy
Campbell, Sherrye	Green, Debbie	Martin, Ann	Tipton, Martis
Carter, Lesia	Green, Janelle	May, John	Tober, Trisha
Cherry, Debbie	Griffis, Georgia	McCulley, Nancy	Tully, Robert
Clark, Cathy	Guest, Patrick	McGlothlin, Scott	Venturo, Elizabeth
Clark, Dorothy	Hale, Lorie	Means, Linda	Vinson, Annette
Cole, Lamar	Haley, Alyce	Miller, Susan	Vocque, Floyd
Combs, Sandy	Halgren, Pat	Milner, Jean	Voegel, Bud
Cooper, Andrea	Hampton, Carrie	Morton, Sandra	Wallace, Delena
Coppenger, Anne	Hanan Jason	Mott, Joani	Wallis, Naomi
Courtney, Jessica	Harris, Shirlene	Mowrey, Betty	Ward, Brenda
Cox, Michelle	Harrison, Ken	Mundy, Katrina	Warrior, Manuel
Cozart, Bradi	Harvey, Ashley	Murphy, Mary	Watkins, Robin
Cozart, Molly	Hastings, Jennifer	Nash, Jenny	Welsh, Lynn
Crane, Pat	Hayden, Randy	Newton, Tim	West, Jan
Cromwell, James	Heine, Mike	Oberste, Cheryl	Whaley, Chris
Cumnock, Kathy	Hicks, Brandi	O'Neal, Bailey	White, Angela
Curtis, Betsy	Higgins, Margaret	Ovenstreet, Cheryl	Wilborn, Barbara
Curtis, Tyra	Hill, Lauren	Owen, Keith	Willard, Merideth
Daniels, Eartha	Hobby, Barbara	Patten, Mary	Williams, Cheri
Danley, Tamara	Holiman, Krista	Patton, Mary	Williams, Katheryn
Daugherty, Jan	Hollowell, Lolita	Paul, Earl	Williams, Ruby Jean
Davis, Linda	Holmes, Robert	Peeples, Terry	Willis, Ed
Diggins, Pat	Horne, Annette	Penwarden, Leeanne	Wilson, Stan
Dillard, Karyn	Howard, Debra	Peoples, Katie	Yeoman, Karla
Donahue, Phyllis	Huckaby, Sheila	Petty, Walter	Yingling, Debbie
Donahue, PJ	Huett, Becky	Porter, Juanita	Young, Angie
Dugan, Jane	Hurst, Gloria	Prime, Jennifer	Zuber, Kathleen
Duke, Dana	Hyslip, Shannon	Pryor, Sandy	
Eldridge, Sandra	Ishcomer, Bryan	Puckett, Mike	
Elkins, Mrs. Wayne	James, Nina	Qualls, Rita	
Elkins, Wayne	Jarrett, Nancy	Redmond, Gloria	
Elledge, Katie	Jessup, Lynn	Reynolds, Marsha	
Estoker, Jenny	Jesudasom, Steven	Roberts, Kathy	
Estoker, Louise	Johnson, Eric	Rogers, Brandi	
Fairless, Ann	Jones, Eleanor	Sabin, Amy	
Fanning, Laura	Karney, Jo Ann	Sarmiento, Ray	
Ferris, Charles	Kay - Pastoral Care	Scheffer, Julie	
Finley, Linda	Keeler, Pat	Schleiff, Mark	
Fitz, Bob	Keisling, Suzie	Seller, Mary	
Flis, Shelly	Kelley, Jeana	Shaw, Brad	

Every effort was made to include the names of all volunteers. Three employees left only their first names. We regret if anyone who volunteered was left off this list.

## BH Employee Discounts at Wild River Country

You may now buy and print discounted tickets to Wild River Country on EmployeeNet or the BH Federal Credit Union web site (baptist-healthfcu.com), or at the credit union branches in person. The password for online purchases is "nurse." Adult tickets, which normally cost \$25.99, have been discounted for BAPTIST HEALTH employees to \$16.50. Junior tickets for children under 48 inches are reduced to \$12. ❖

## Chaplain's Corner

### Be Ready

By Jerry Davis, Chaplain, BHRI

I recently had the duty to travel to the north part of Arkansas to notify a family of their son's death in Iraq. This was part of my military duties with the National Guard as a chaplain. There are certain time requirements that must be met, which meant we had to leave at 9:30 p.m. at night and fly by helicopter to arrive before midnight.

It certainly was not a pleasant duty for me, and the only thing that made it a little easier was that they had already gotten the news from another source. Getting the word officially, however, was like hearing it for the first time and was just as hard. Only part of the family was present at the house when I arrived, which concerned me. I thought that I would have to travel to another location or come back at another time, stretching the process out over too long a time.

The young soldier's father was an over-the-road hauler and was in another state making a delivery. The father's dispatcher was in the process of contacting him to have him turn around and come home, a process that would take a day or two at least.

His mother and several family members were present when I went in the house to tell them. They had already gotten word from some of the son's friends in his unit, which meant they were not surprised. They made contact by cell phone, which is a sign that our world really is getting smaller due to electronics. Of course, there was much crying as you might expect. The questions they had were "what happened," because they did not have the whole story of the attack from the person who called them.

I was concerned that they should have some support at such a difficult time and asked about any church affiliation they might have. The mother quickly gave me the name of her church and her pastor. She said that he had been out to see them that afternoon and had prayer with them. She also was confident that he would be back to check on them and that church families would be bringing food to her house to help them out. I sensed that while she certainly did not want this news, she was prepared to hear it. This was certainly due to her faith in God.

This experience reminded me that we all need to be prepared for "bad" news that may come our way, any day, any time. Being prepared means to me that we need to be secure in our relationship with God. That security can be achieved by staying in close contact with God, doing his will, and seeking his direction for us in life. That direction can be found through scripture and prayer and is shown by our service to others.

Working at a hospital, we all have ample opportunity to help people at a time of crisis. I pray that you would help others prepare for those "bad" times by demonstrating God's presence in your life. Let them see the strength he gives and the peace he can bring into one's life even in life's darkest moments. ❖



**Baptist Health**

Continued from page 1

## EmployeeNet Surveys

Q. Were you able to attend one of the BAPTIST HEALTH sponsored Christmas parties held in December?

Yes: 38%

No: 61%

### Employee comments:

- I miss getting a present.
- Give away door prizes.
- Have a party out at the Support Center.
- Diabetic desserts would be nice.
- Preschool workers and some nursing staff not able to leave to attend party because no coverage.
- Bring back employee talent show.
- Extend hours on day shift to allow more staff to attend from floor.
- Have travel team bring party to outlying clinics for such events because they miss out.
- N&FS department should not have to prepare food for parties, should be catered.

**Response:** Each facility has an employee committee that develops the plans for the Christmas party. Contact your Human Resources representative to find out who is on the committee so you can provide your ideas.

Q. BAPTIST HEALTH has offered four Traditions classes for employees designed to improve our service culture and employee satisfaction. Which did you find the most helpful?

Customer Service: 20%  
Managing Conflict: 14%  
Relationship Building: 9%  
Managing Stress: 52%

How was it helpful and do you have any suggestions for new topics for the Tradition's classes?

- Need more in-depth classes because department has much conflict among co-workers and customers.
- Suggestions for many new topics such as work ethic, managing time effectively, job task responsibility, professionalism, etiquette, racial barriers, the big picture, gossip.
- Be more helpful if spectra link or pagers didn't keep going off every five minutes in class.
- Provide the classes by departments so can get it done all at once, maybe use the departments' monthly staff meetings to do it in?
- Make available to evening and weekends.
- Please consider putting Traditions classes on EmployeeNet. One of the factors in our stressful lives is the demand on our limited time.

**Response:** The Traditions trainers develop proposed themes each fall for the upcoming year. Then Senior Leadership approves the content of each course. These suggested ideas have been provided to the Traditions trainers.

Q. Do you give blood at the Red Cross blood drives sponsored by Baptist Health?

Yes: 28%

No: 71%

Why or why not?

- They do not have the CMV bags with them.
- Unable to leave unit long enough to donate and then recover before resuming patient care. I would donate if reliable staff could cover my place on unit.
- Never saw any notices as to the date and time of the blood drives.
- The free T-shirts are never large enough.
- I work at a satellite therapy clinic and can't get to the hospital where the blood drives are. I wish they would come to rural areas. I most definitely would donate.
- I work from 7p-7a and they do not come until 9 a.m. or later. I know there are many people in my unit that would give blood if they would come earlier.

**Response:** All issues that prevent employees from volunteering to give blood have been provided to the employee-led teams who coordinate blood drives. Where possible, changes will be made to allow more employees to give blood.

Q. Do you feel that receiving a free T-shirt, tape measure, badge holder, candy bar, etc., encourages employees to participate in company-sponsored initiatives such as recruitment campaigns, benefit fairs, walks, and employee surveys?

Yes: 76%

No: 24%

If yes, do you have any suggestions for small to moderate giveaway items?

- Save the money on buying small worthless items and give all employees a Christmas bonus of \$20 instead.
- I think the T-shirts are OK, but overall if people want to participate in something they will.
- Instead of giving away a lot of small things that most people already have a dozen of anyway, how about putting the money into a few gift certificates and have a drawing?
- I have a hard time getting these great little prizes due to being in the pool.
- I like giveaways but often night shift is left out. Why is in-house left out?
- Please keep in mind that you have employees who are diabetic and some have food allergies so that we are very discouraged with candy and sweets and milk-product items.
- I do believe people would like to see bonuses at Christmas time if feasible or better appreciation gifts, but don't get me wrong I love your T-shirts and other gifts.

**Response:** BAPTIST HEALTH uses a giveaway occasionally to emphasize or highlight a campaign or initiative. They are only a token of appreciation to draw attention.

Q. Would you use an added feature to our time-tracking system (Kronos WebTime) such as a way to view your absences on EmployeeNet?

Yes: 83%

No: 16%

What other features would you be likely to use if they were added to EmployeeNet?

- View and print direct deposit slips past and present.
- Add modify options to WebTime in case employee forgets to clock in or out. Arrange for signature sheet to be printed and signed by employee and supervisor/timekeeper.
- Perhaps a clock system at our computers, saving walk time to and from clock to our work stations.
- A way to see how much we charge to cafeteria, drug store, etc.
- Proper information because the web site sometimes is not correct. Our timekeeper insists the clocks are reading but we cannot always view the punches.

**Response:** BAPTIST HEALTH is committed to making EmployeeNet the most commonly used communication tool. Any suggestion of items that we can provide through EmployeeNet will be considered.

Q. Do you like the new EmployeeNet home page?

Yes: 56%

No: 42%

Please explain why or why not?

- I don't like the new home page because now everything is in small print. I have bad eyes.
- The blue column on the far left of the screen is too wide and doesn't allow the various listings on right side of the screen to be fully viewable. I suggest decreasing the width of the blue column via the only two icons appearing above the associated text.
- I would like to see a format with system info, then be able to click on specific facility
- I do not find the layout of commonly used links at the top of the home page to be helpful. Although they are listed in alphabetical order, the list spans four lines (with very small font) and is hard to find what you need in a hurry.
- The links may be commonly used by some, but not by me — I still have to search for the pages I need. I would like to see an employee log-in system on EmployeeNet so that personal preferences can be set and returned to each time upon log-in. Just an idea.

**Response:** The new home page is designed to better serve all employees. The EmployeeNet content team is continually looking for ways to make it the most useful communication tool within BAPTIST HEALTH.

*If you have any comments on these survey questions or have a question for the Human Resources department that you would like answered in a future issue of The Connection, e-mail Tony Kendall at [awkendal@baptist-health.org](mailto:awkendal@baptist-health.org). All comments are welcome!*

## BHMC-NLR Auxiliary Installs Officers, Holds Baby Shower for Heaven's Loft



Rev. Jerre Hassell

The BHMC-North Little Rock held its installation of new officers at a ceremony with a theme of "Volunteers Plant the Seeds of Kindness." Rev. Jerre Hassell, who volunteers working in the Pastoral Care department visiting and ministering to patients and families, was installed as the new Auxiliary president.

The other officers installed for the 2004-2005 year were Margaret Stires, president-elect; Carl Brents, treasurer; Ara Yanker, recording secretary; Joy Marshall, corresponding secretary; and Mary Little, historian.

The Auxiliary also held the annual Heaven's Loft baby shower and diaper drive in conjunction with the installation ceremony. Heaven's Loft is a BHMC-NLR wellness center run in partnership with the North Little Rock Junior League that works with pregnant mothers before and after they give birth. It includes a health clinic on one side of the building and a thrift shop on the other.

Heaven's Loft is a community program designed to encourage low-income expectant mothers and parents of young children to receive appropriate preventative health care. Mothers and their babies come to Heaven's Loft for pre-natal and baby wellness check-ups as well as to attend classes on how to breast feed, infant care, and other important topics. After attending classes, the mothers are given vouchers to shop in the Heaven's Loft thrift shop. The items given by the BHMC-NLR Auxiliary will be placed in the thrift shop for the mothers to purchase with their vouchers.

If you would like more information about donating to Heaven's Loft, please call the volunteer office at 202-3050. ❖

## Patient Safety Fair Coming to BHMC-LR Campus

Did you know that more people die each year as a result of medical errors than from motor vehicle accidents?

Join us at the BHMC-LR/BHRI Patient Safety Fair — "Highway to Excellence" — on June 10 to learn how you can prevent errors from occurring!

Vendors will present new products to improve patient safety, and you can earn free CEUs. Topics covered will include "How to Prevent Falls," "How to Reduce the Use of Restraints," and "How to Recognize Signs of Abuse and Neglect."

The safety fair will be held at the J.A. Gilbreath Conference Center, Room #22, from 6:30 a.m. to 4:30 p.m.

All staff members are strongly encouraged to attend! ❖

## BHMC-HS Auxiliary Installs Officers

The BHMC-Heber Springs Auxiliary recently installed its new officers. Pictured are (left to right) Nancy Thompson, secretary; Dorothy Swint, treasurer; Billie Taylor, vice president; and Nancy Keel, president.



The installation of the new officers was held at a luncheon in honor of National Volunteer Week. Heber Springs Mayor Paul Muse was the guest speaker, and Ginger Beebe, North Central district volunteer chairman of the AHAA, did the honors of installing officers. All volunteers received an "I'm Appreciated" tote bag with a note pad, pin, bookmark, and goodies in the bag. All departments at the hospital sent Thank You notes that were placed on a board for everyone to read. ❖

## Nominations Being Accepted for Amazing Spirit Awards

Nominations are currently being accepted through June 18 for BAPTIST HEALTH 55Plus Services' second-annual Amazing Spirit Awards.

Anyone may submit nominations for this award for seniors who are staying healthy and active by pursuing their careers, their hobbies, or taking an active role in their communities or families.

Tickets are now available for the Amazing Spirit Awards luncheon on Aug. 26. The luncheon begins at 11:30 a.m. in the J.A. Gilbreath Conference Center on the BHMC-Little Rock campus, and tickets are \$10.

To get a nomination form or to order tickets for the awards luncheon, call BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or 1-888-B-A-P-T-I-S-T. Nomination forms are also available by visiting the BAPTIST HEALTH web site at [www.baptist-health.com](http://www.baptist-health.com). ❖



## Continuing Education

Reservations for the following BAPTIST HEALTH courses should be made for employees by their immediate supervisors by calling BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or the extensions shown for the class. Please be ready to give specific employee information needed to schedule these classes.

**New Employee Orientation**  
Every Monday (Excluding Holidays),  
8 a.m.-12:15 p.m.,  
BHSC, Room 1606

**New Employee Benefits**  
Every Monday (Excluding Holidays),  
1-4 p.m.,  
BHSC, Room 1606

**Traditions (for New Employees)**  
Every Tuesday (Excluding Holidays),  
8 a.m.-5 p.m.,  
BHMC-LR, Gilbreath Conf. Center

**CPR Heartsaver**  
June 4  
8:30 a.m.-4 p.m.  
BHMC-LR  
Schedule with Deloris McKinley, Ext. 2986

**IV Conscious Sedation Exam Only**  
June 4  
9 a.m.-noon  
BHSC  
Schedule with Barbara Hobby, Ext. 1904

**LastWord for Nurse Aides and PCTs**  
June 30  
8 a.m.-noon  
BHSC  
Schedule with Deloris McKinley, Ext. 2986

**LastWord for RNs/LPNs**  
Every Friday (Excluding Holidays),  
8 a.m.-4 p.m.  
BHSC, Training Room #3  
Schedule with Barbara Hobby, Ext. 1904

**LPN IV Insertion Class**  
June 29  
8 a.m.-noon  
BHSC  
Schedule with Barbara Hobby, Ext. 1904

**LPN IV Push Exam Only**  
June 4  
9 a.m.  
BHSC  
Schedule with Barbara Hobby, Ext. 1904

**Monitor Technician Course**  
Aug. 16-24  
8:30 a.m.-4 p.m.  
BHSC  
Schedule with Tommy Morton, Ext. 7967

**Nurse Aide Exam, Pre-Employment**  
Every Tuesday (Excluding Holidays),  
9-11 a.m.  
BHSC  
Schedule with Deloris McKinley, Ext. 2986

**RN/LPN Medication Exam, Pre-Employment**  
Every Tuesday (Excluding Holidays),  
9-11 a.m.  
BHSC  
Schedule with Barbara Hobby, Ext. 1904



## Employee Referral Bonus Program Adds Positions to Eligible List

Newly added positions for which you can receive an Employee Referral Bonus means your chances have just gotten better!

As always, simply find and refer one or more of the following and receive a \$1,000 bonus:

- RN/LPN
  - Radiology Tech, all specialties
  - Respiratory Therapist
  - Physical Therapist
  - Occupational Therapist
  - Pharmacist
  - Medical Technologist
  - Designated Practice Plus positions
- And now included are these positions...
- Histotech
  - PT Assistant
  - OT Assistant

Refer friends, family, neighbors, or acquaintances who fit into any of the above categories! You gain great employees to work by your side in addition to a \$1,000 financial incentive!

Remember, the applicant must put your name on the application in order for you to qualify for \$1,000, paid out in two equal installments. The first installment will be paid as soon as the applicant begins work for BAPTIST HEALTH, and the second after six months of employment for the applicant, as long as you are also still an employee.

For more information, contact Gwen Wetzel at ext. 2854. ❖

## New Rep at Cingular

Cingular has a new representative serving BAPTIST HEALTH employees. His name is Nick Plastiras, and he can be reached at 772-7000 or nick.plastiras@cingular.com. ❖

## Classified Ads

The Connection "Classifieds" section is free and open to any BAPTIST HEALTH employee, retiree, board member, physician, or physician staff to advertise items to buy, sell, trade, or give away. Phone numbers listed in "Classifieds" should be where people can call after work hours. Employees should provide their name and work extension when submitting "Classifieds." "Classifieds" must be submitted in writing and can be faxed to The Connection in the Strategic Development department at ext. 1740 or e-mailed to jmdishon@baptist-health.org no later than the Fridays of off-payday weeks for inclusion in the upcoming edition. The Connection reserves the right to edit "Classifieds" as needed.

**ALL-TERRAIN VEHICLES:** '98 Yamaha Big Bear 400, 4x4, perfect hunting machine, Big Foot kit, winch, runs like it's brand new, can't afford and am just asking payoff of \$359. Call 834-3374.

**ALL-TERRAIN VEHICLES:** '85 Honda 250 Big Red three-wheeler, excellent condition, adult ridden, \$1,550. Call 501-223-2504.

**APARTMENTS/DUPLEXES:** West Little Rock, downstairs apartment for rent, 2BR, 1,100 square feet, nice neighborhood, \$600 per month. Call 902-2228.

**AUTOMOBILES:** '04 Chevrolet Malibu, beautiful, black, spoiler, 4,200 miles, LT package includes remote start, keyless entry, leather, heated seats, and more, going to nursing school in August, must sell for payoff, \$21,000. Call 501-454-8395.

**AUTOMOBILES:** '03 Ford F-150 pickup, 4.6 L, V-8, cast aluminum wheels, tilt wheel, speed control, CD player, power windows and locks, remote keyless entry, 22,000 miles, \$17,900. Call 450-3042.

**AUTOMOBILES:** '01 Acura TL, four door, red, tan leather interior, CD player, sunroof, excellent condition, 55,000 miles, \$17,900. Call 951-5454.

**AUTOMOBILES:** '00 Jeep Grand Cherokee Limited, 58,000 miles, gold exterior, towing package, \$13,500. Call 501-328-0029.

**AUTOMOBILES:** '98 Nissan Sentra SE, power windows and door locks, good condition, runs great, 84,000 miles, asking \$4,000. Call 407-9791 after 5:30 p.m.

**AUTOMOBILES:** '96 Toyota RAV4, four door, automatic, moon roof, mostly highway miles, excellent condition, good gas mileage, \$5,100. Call 501-416-5823 or 501-225-0305.

**AUTOMOBILES:** '93 Ford Ranger, black, five speed, new transmission and clutch, 110,000 miles, good tires, great condition, price negotiable. Call 501-847-4016.

**AUTOMOBILES:** '88 Oldsmobile Delta 88, four door, white with brown interior, excellent condition, new tires, no drips or leaks, 190,000 miles, 25 miles per gallon, air conditioner doesn't work, \$1,900. Call 501-327-4703.

**COMPUTERS:** Computer package including Compaq G430 Intel Celeron computer, 120 GB, 512 MB memory, 2400 speed, DVD, CD, R-W, NEC (Mitsubishi) 90 19-inch monitor, speakers, Windows XP operating system with disk, selling as package only, \$575 firm. Call 870-255-4330 weekdays before noon.

**FURNITURE:** Dining table with six chairs, two years old, paid \$700, selling for \$400. Call 580-0758.

**FURNITURE:** Sofa, chair, and love seat, great condition, \$300. Call 501-730-1548.

**FURNITURE:** Sofa and love seat combo, multi-colored with stationary pillows on back, \$125 or best offer. Call 501-982-2344.

**GARAGE SALE:** Multi-family yard sale, good stuff, June 4-5 and June 11-12, 8 a.m. until 2, 4023 S. Shackelford Road.

**MISCELLANEOUS:** Crystals, rocks, minerals, containers, and shelves, going out of business, all for \$2,000 or best offer. Call 501-517-5662.

**MISCELLANEOUS:** A/C window unit, Emerson Quiet Cool, 11,500 BTU, 220 volts, \$200. Call 590-4818.

**MISCELLANEOUS:** Two pieces of Jaguar luggage, large carryall, medium carryall, navy and tan, like new, \$75 for both. Call 501-666-7345.

**PETS:** Cocker spaniel puppies, registered, one male, four females, \$250 each. Call 501-888-9607 between 8 a.m. and 8 p.m.

**PETS:** Free cat, don't let me go to the pound, female, gray and white, young, must give away, was left behind by renters. Call 835-0506.

**PETS:** Free rat terrier puppies, three girls, three boys, ready on June 30. Call 612-1426 after 4 p.m.

**POOLS & SPAS:** Above-ground pool, excellent condition, ladder and equipment included, must sell, best offer. Call 501-241-2569.

**SERVICES:** Yard work, handyman maintenance and repair, home inspections, free estimates, discount for BAPTIST HEALTH employees and the elderly. Call 501-256-8695.

**SPORTS & FITNESS:** Golf balls, clean, bargains, Nike, Titleist, and Precept, \$4 per dozen, Top Flite or mixed brands, three for \$10. Call 501-605-0008.

**TICKETS:** Wild River Country season pass, \$50. Call 472-8493.

## Preschool Openings

The BAPTIST HEALTH preschool centers in Little Rock and North Little Rock offer convenient, top-quality child care at affordable prices for BAPTIST HEALTH employees. All openings are filled on a first-come, first-served basis. Applications must be filled out at the preschool center for specific openings after they have been published.

**The following openings are available at the BH Preschool Center-LR:**

- ◆ Infants (6 weeks to 12 months) — One full-time opening
- ◆ Two year olds (Must be 2 by Dec. 31) — Two full-time openings
- ◆ Three year olds — Two full-time openings  
(Contact for BHMC-LR openings is Charla Rippeto at ext. 1138)

**The following openings are available at the BH Preschool Center-NLR:**

- ◆ Infants (6 weeks to 12 months) — One full-time opening
- ◆ Four year olds — One full-time opening
- ◆ School-age summer program — 12 openings  
(Contact for BHMC-NLR openings is Linda Williams at ext. 3875)

## Summer Fun at Magic Springs and Ray Winder

The Magic Springs & Crystal Falls amusement park in Hot Springs is offering discount coupons for BH employees. The coupons save \$8 off the regular admission price, and one coupon is valid for up to four people. Coupons are available in your Human Resources office.

The Arkansas Travelers are offering free nights for nurses and for BAPTIST HEALTH employees every week throughout the season. Simply pick up a coupon from your Human Resources office and take it along with your ID badge on one of the designated games. Employee nights are held on Tuesdays, and nurses nights are held on Thursdays. ❖

# THE Connection

The Connection is a biweekly newsletter published for employees — like Joyce Allison — physicians, retirees and special friends of BAPTIST HEALTH. Allison, an LPN II in Recuperative Care at BHMC-LR, joined the growing BAPTIST HEALTH network in October 1979. The Connection, with a circulation of more than 7,500, is published by BAPTIST HEALTH. Suggestions or information for The Connection may be sent to BAPTIST HEALTH, Strategic Development, 9601 I-630, Exit 7, Little Rock, AR 72205-7299; e-mailed to jmdishon@baptist-health.org; or voice mailed to 202-1811.

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**Baptist Health**