

CTHEonnection

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Statewide Conference Offers Contact Hours

Physicians, nurses, and other healthcare professionals will have the opportunity to earn contact hours at the Arkansas Primary Care Association's Statewide Health Access and Resources Partnership (SHARP) conference and policy forum on Aug. 5-7 at the Peabody Hotel in Little Rock. Participants can expect a diverse agenda and conference activities that will include clinical, administrative, financial, outreach, board, and legal topics, special sessions on disaster preparedness, work-force development, program evaluation, network partnership models, foundation funding, expanding skills, and supporting professional growth, and special events and opportunities to promote collaboration and socialization. The keynote speaker will be Elizabeth Duke, administrator of the Health Resources and Services Administration in the U.S. Department of Health and Human Services. For more information, call Amy Simpkins at 501-374-8225.

Arthritis Seminar Coming to BHMC-LR

Slow arthritis before it slows you. Learn from the experts what you can do to control the pain associated with arthritis at a seminar sponsored by BAPTIST HEALTH Orthopedic Services. The seminar will be held from noon to 1 p.m. on Aug. 25 at the J.A. Gilbreath Conference Center at BHMC-LR. The featured speaker is orthopedic surgeon Dr. David Gilliam. The cost is \$10, and lunch is provided. For more information or to register, call BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or 1-888-B-A-P-T-I-S-T.

Battle of Bands Benefits MS Walk

A "battle of the bands" benefiting the multiple sclerosis walk will be held on Sept. 18 in the Toad Suck Square in Conway. Any bands are invited to participate for this worthy cause. For more information, call Jennifer Bannon at BHMC-NLR at 202-3644 or 472-5027.

Did You Know?

The Patient Accounts department has an average of 85,000 open accounts to follow up on every month for services performed at BH hospitals, therapy clinics, imaging centers, and Arkansas Medical Labs.

BAPTIST HEALTH Makes List of '100 Most Wired' in the Country

BAPTIST HEALTH has been named one of the nation's "100 Most Wired" hospitals and healthcare systems by *Hospitals & Health Networks*, the journal of the American Hospital Association.

This marks the fourth time in the last six years that BAPTIST HEALTH has been recognized as one of the top 100 healthcare organizations in the country for its forward-thinking adoption of new technology to better serve patients, doctors and nurses, employees, suppliers, and health plans.

"This award is a big enough deal that we include it as an objective in our strategic planning," said David House, vice president of Information Services at BAPTIST HEALTH. "We use this award to validate that we are on the right track and as a benchmark tool to highlight areas we should focus on to continue to be a national leader in information technology in healthcare."

BAPTIST HEALTH is one of only 15 healthcare organizations in the country to have made the Most Wired list four times, which is even more impressive when considering that BAPTIST HEALTH did not participate in the survey in the first year of the study.

"Last year when we didn't win, it caused us to look at areas where we could improve," House said. "It is sometimes hard to articulate the value of information technology. This award really gives us an opportunity to see that we are moving the ball forward and getting value from our investment."

The AHA's annual survey and benchmarking study measures the nation's hospitals on their use of Internet technologies for quality, customer service, public health and safety, business processes, and work-force issues, among others. It also illustrates how Most Wired hospitals are making technological advances to help employees and patients.

"For employees, this award says that BAPTIST HEALTH is a place that gives them the tools they need to do their jobs," House said. "For patients, our new technologies accelerate our ability to treat them. It may not be evident to a patient, but it is to the physicians who practice with us."

According to results of the survey, the hospitals named in the "Most Wired" list share in making significant progress in automating an "electronic medical record," which includes current medical records, medical history, patient demographics, and nurses' notes.

Have You Completed 'Traditions V: The Power of One'?

Time is running out for employees to register and complete "Traditions V: The Power of One."

Classes at the BHMC-Little Rock campus are currently full until October. Classes at BHMC-Arkadelphia are scheduled to end next month, and BHMC-Heber Springs will end its offerings in October.

Employees should consider registering now in order to get the site and date they want during the last five months of the year. Employees are encouraged to consider attending Traditions at the BAPTIST HEALTH Support Center on Col. Glenn Road no matter what facility they work at because of the amount of space available.

The two-hour class is a requirement for all BAPTIST HEALTH employees who have completed Traditions I for new employees and have worked at BAPTIST HEALTH for at least three months.

"The Power of One" covers the influence each employee has on employee satisfaction, patient satisfaction, and employee retention, and how even a small gesture can make a big difference for co-workers and patients.

Some of the themes covered in Traditions V include increasing employee

This year's focus on the electronic medical record exemplifies how far ahead of the curve BAPTIST HEALTH is in use of technology —

BAPTIST HEALTH has had a version of the electronic medical record in use since the late '90s.

Many healthcare experts see the move from paper files to electronic records as a key ingredient in the future of healthcare in improving patient safety

and quality of care by making patient information and history more readily accessible and decreasing time hospital caregivers spend completing paperwork.

"These hospitals are emphasizing clinical quality and patient services in their efforts to remain technology leaders," said Alden Solovy, executive director of Hospitals & Health Networks.

The survey also showed that Most Wired hospitals have made considerable investments in radiology systems and picture archiving communications systems that are used to electronically manage and distribute images such as X-rays and MRIs.

BAPTIST HEALTH is in the process of implementing its own Picture Archiving Communications System (PACS) that should be live in all facilities by the end of 2005.

Other findings from the Most Wired survey: Hospitals named to the list are spending more money to help doctors communicate with staff, for patient education on treatment options and care, and on securing patient medical data.

"For employees, this award says that BAPTIST HEALTH is a place that gives them the tools they need to do their jobs. For patients, our new technologies accelerate our ability to treat them."
— David House

One area BAPTIST HEALTH excels in is the use of the MercuryMD system, which is a personal data assistant application that allows physicians to download clinical results anywhere. House said the next goal is to make the AHA's list of "25 Most Wireless."

"We recognize clinicians are mobile. Anything we can do to help get information to the bedside is our focus," he said.

Most Wired, continued on page 2

What is PACS?

PACS, which is noted in this year's Most Wired survey, stands for Picture Archiving Communications System and is a computerized image management and delivery system. It allows medical images such as X-rays, MRIs, ultrasounds, and PET scans to be shared online, enabling physicians and clinicians to view the images at the same time at multiple locations.

"PACS will change the way we practice medicine, improving the care we provide for the betterment of our patients and physicians," said David Fox, the director of Radiology at BHMC-LR who is leading the task of implementing the new system.

PACS replaces film archiving, a system in which the printed images had to be manually transported and viewed one at a time. The new technology provides an immediate availability of digital records that can be especially important for patients in urgent-care situations.

"From a global perspective, hospitals must implement PACS or risk getting left behind," Fox said. "This technological change in healthcare is like going from the typewriter to the PC. It is a night and day approach that will make us more efficient and have more control, less loss, and less frustration."

BAPTIST HEALTH is currently implementing PACS technology, and it is scheduled to go live throughout the system in the second half of 2005.

"Right now we are doing a lot of work behind the scenes, and we're running wire everywhere. No one's seen the net benefits yet, but once physicians see them, they will never want to go back to the old system."



Baptist Health

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Most Wired

Web-based services, both from the system's external web site as well as from the internal EmployeeNet, plus use of Internet and video-on-demand technology, were also factors in the survey.

The Most Wired survey included submissions representing 1,298 hospitals, which is about 20 percent of all hospitals in the country. About 69 percent were in urban areas and 31 percent in rural. UAMS Medical Center in Little Rock was the only other healthcare organization in the state to make the list.

Hospitals that made the AHA's "100 Most Wired" list have the following benefits in common as a result their use of Internet technology: better control of expenses, higher productivity, more efficient utilization management, better credit ratings, and more Internet-based services for doctors, nurses, patients, and employees.

The AHA's goals for conducting this annual survey are to examine how healthcare organizations use online technologies to serve key constituents, measure how the use of online technologies changes from year to year, and create a benchmark group that chief information officers can use to determine the best practices. ❖

Stats about the hospitals and healthcare systems that won "Most Wired" awards:

- **90 percent** offer access to the current medical record online
- **90 percent** offer online radiology report review
- **88 percent** offer online access to patient demographics
- **88 percent** offer online lab results review
- **87 percent** offer access to the online medical history
- **84 percent** have radiology image review
- **67 percent** offer online access to nurses' notes

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Traditions

The Traditions series debuted in 1998 and was originally modeled after a customer service program at the Disney Institute at Walt Disney Resort in Florida. Since its inception, it has continued to receive rave reviews from employees and is consistently named as one of the best things about working at BAPTIST HEALTH on the annual employee surveys.

Traditions classes are part of BAPTIST HEALTH's

continued commitment to improving the culture of customer service and employee satisfaction. Traditions helps each employee deliver on the promise of "All Our Best" to the patients and co-workers who depend on us. Traditions also delivers on BAPTIST HEALTH's promise to give employees the support to be successful in their jobs and to create the best work environment possible. ❖

"Traditions V: The Power of One" dates and locations

BHMC-Little Rock

Traditions Classroom on the mezzanine
Every Monday, 7:30 a.m.
Every Wednesday, 3 p.m.

BHMC-North Little Rock

Lakeside Room on the third floor
Every Wednesday
Times alternate each week — 7:30 a.m. and 1 p.m.,
or 10 a.m. and 1 p.m.

BH Support Center

Room 1606
(enter through north entrance by the woods)
First and third Thursdays
9 a.m. and 12:30 p.m.

BHMC-Arkadelphia

Hospital classroom
Second Thursdays
9 a.m.

BHMC-Heber Springs

Hospital classroom
Fourth Thursdays
9:30 a.m. and 1 p.m.

Remember these lessons from past Traditions classes?

Traditions II: Managing Conflict

Three stages of conflict:

- 1) Prevention
- 2) Intervention
- 3) Cleanup

The more time you spend on prevention and intervention, the less time and resources you have to spend on cleanup.

Traditions III: Relationship Building

Relationship building is important to our success because the better relationships we have, the more cooperative we will work as a team. We and our customers will experience the benefit of these improved relationships.

Traditions IV: Managing Stress

Whatever we feed is what will live. If we feed negativism or stress, that's what will survive. If we want less stress, we have to feed more positivity.

Congrats to Radiography Grads

BAPTIST HEALTH Radiography students who graduated this summer recently lined up for the traditional pitching of pennies for good luck in the fountain of the BHMC-Little Rock garden. The School of Radiography graduated its 49th class last month, and eight of the 14 graduates are now employed at a BAPTIST HEALTH facility.



The graduates (pictured from left to right) are Robyn Deese, Cristi Masker, Amanda Goodin, Tresa Hendrix, Billy Sowell, Matthew King, Nina Holloway, Pam Leckner, Christina Hamilton, Laura Plant, Stacy Lambright, Felicia Benham, Sara Harris, and Chanda Delphin.

The Outstanding Clinical Achievement Awards, voted on by the staffs of the Radiology and Nuclear Medicine departments, were awarded to Chanda Delphin (left) from the School of Radiography and Eddie Young from the School of Nuclear Medicine Technology. ❖



Employees Volunteer for United Way Committee

BAPTIST HEALTH's campaign to raise money for United Way begins on Aug. 10 and continues through Aug. 27. The following employees have generously agreed to volunteer their for BAPTIST HEALTH's United Way "Pacesetters" campaign.



Employees supporting this year's United Way campaign include: (front row seated from left) Sandra Brown, system campaign coordinator, Strategic Development; Juanita Porter, Information Systems; Delores Jones, Diversified Services.

(Back row from left) Jim Gibbons, BHMC-LR/BHRI; James Lisenby, BHMC-NLR; Jean Kalb, BHMC-NLR; Iris Brooks, Information Systems; Royce Sladen, Financial Services; Evelyn Valentine, BHMC-Arkadelphia; and Cindy Lewis, Strategic Development.

Not pictured: Brenda Casey, Financial Services.

Look for more information on the United Way campaign in a future issue of *The Connection*. ❖

Chaplain's Corner

Little Plant, Big City

By Brad Woodruff, Chaplain Resident, BHMC-LR

Life is full of irony. Sometimes things in life turn out strangely the opposite of how they should because of some unknown force or circumstance. You do not need to read Shakespeare or other great literature to discover what irony is all about. It is all around us.

I had an ironic experience working for a funeral home in California a couple of years ago. It was quite unforgettable. Our establishment held a funeral for a man who died on his wedding day. But that was not the ironic part. Less than one minute after we unloaded his casket at the church, a white limo pulled up behind the black hearse and out scrambled six joyous brothers in white tuxes with pink bow ties. One of them was there to get married in the mission chapel next to the church. In addition, the family members of both parties started going back and forth between the wedding and the funeral because many people in the two groups knew each other.

The scene was quite surreal: the black hearse and the white limo, the wailing widow and the joyous mothers. Happy laughter and bitter tears mixed in a bizarre chorus that I would not have believed unless I had witnessed it myself. Yes, Lady Irony screamed at the top of her lungs that day.

The Bible is also full of incredible irony. I especially find a great deal of irony in the book of Jonah. Let us fast forward past the main part of the story. You know it well. The prophet Jonah is told by God to preach repentance to the sinful city of Nineveh. Jonah, being the "faithful" servant that he is, turns in the opposite direction and boards a boat to Tarshish. He then gets thrown overboard by a group of "god-fearing" pagan sailors, swallowed by a really big fish, and is graciously deposited on shore three days later.

He finally takes a hint from God and warns the Ninevites of their impending doom. God listens to the repentance of the king and his people and the city is saved. The end. Well, at least for Nineveh. Jonah still has some God issues.

Jonah has reluctantly accomplished the task asked of him. Now he is outside the city and climbs a hill in the hot sun to watch the show; he still thinks that God is going to destroy the city. He cannot believe that God has actually listened to a bunch of ignorant and sinful non-Hebrews. Then a curious thing happened — a plant grew up and shaded him from the sun. Jonah 4:6 says that God Himself appointed this plant. And Jonah was grateful (the Bible says he was literally "happy" at the plant). But the next day, God sent a worm to eat away at the vine and it dried up. Jonah was so miserable that he wanted to die.

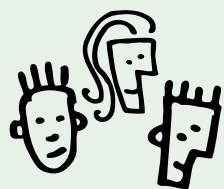
God sent a worm — an insignificant grub. Neither a huge wind nor a great fish unraveled Jonah. All it took was a tiny little worm. Kind of ironic isn't it? The great irony of this story is that a small plant revealed the investment of Jonah's emotions. It showed where his heart was. Before him was a city of thousands, and he showed no joy that God had saved them. Then above him grew a plant, and he cried at its demise.

Like Jonah, I think that sometimes our view of God's mercy and greatness can be quite small, and our spirituality limited to our own little world (we become "plant" people). In addition, our energies are consumed on "small" things such as football, political debates, and finances. Instead, let us be "city" people. Let our view of God be grand and let us strive to achieve a vision of mercy and compassion for those around us. So what about you — are you a "plant" person or a "city" person? ❖



Baptist Health

BHMC-LR Holds Employee Forum



Employees from BHMC-Little Rock and BHRI having birthdays in June recently attended an employee forum breakfast held at the BHMC-LR cafeteria. The monthly breakfasts are all-you-can-eat buffets served in Dining Room #3. Employees attending were eligible to win drawings for gift certificates to a restaurant and for movie rentals. Employees unable to attend the forums may now submit questions that will be read and answered during the breakfast. Question cards are included in the invitations sent to employees having birthdays each month.

The following are the key concerns addressed by employees at this forum with answers from BHMC-LR leaders.

Q. How many hospitals are in the patient satisfaction database we compare ourselves to?

A. It varies based on which segment of the Press, Ganey survey you are looking at. BHRI's inpatient scores are currently compared to 118 other hospitals, and its outpatient scores are compared to 606 other facilities. BHMC-Little Rock's results are compared with 896 hospitals. One thing to keep in mind is that we get compared to hospitals with lower bed counts than ours, and it is sometimes easier to have higher scores with fewer patients.

Q. Our retirement system was developed in the '60s. Are there any plans to change it?

A. A lot of the feedback we received from the last employee survey dealt with retirement and a matching funds plan. We have looked at this issue for a long time and have tried to figure out a way to make it work. We look at total dollars available for employee benefits. We pay a certain percentage for health insurance, and we do better than the norm. If we wanted to do matching funds, we would have to scale back other benefits, and presently we're not at the point where we're willing to do that. A lot of employees would not like having to pay more for health insurance to get a matching retirement plan. We do know this issue continues to be a big concern, and Human Resources keeps it on the hot list.

Q. How come after 25 years of being vested we don't get any more in retirement? To me, that's kind of anti-senior employees. After 25 years some of us feel like we need to move on to get more money in the system.

A. That is a great point. Before we made the change to the 25-year cap, the old formula drove every employee to work until they were 65 no matter the years put in. While we made an improvement in the plan, we also at the same time highlighted another area that could be improved.

Q. I work in ER admissions. Our waiting room is so small, we have people hanging from the rafters. This has really become a privacy issue for our patients. We can't tell anyone medical information about patients, yet at the same time we have to talk to patients about medical issues in front of everyone. Also, can the security in the waiting room be beefed up?

A. We are working on plans to expand the ER waiting room. There is no way to do that without taking space from someone else, and then you get into a domino effect. We think we have a game plan that is 50-percent complete and will help with the privacy issue. We have security around the

clock. If security personnel are not in the waiting room, they are seconds away. We have more security than any other hospital I'm aware of, and our officers are also receiving more training. We're one of the last few hospitals that still takes care of psychiatric patients, and that comes with a price of needing more security at times. Taking care of that population can be tough. In two recent incidents in the ER, security was there within seconds. If employees have ideas to help the situation, we're open to them.

Q. How many beds do we have now?

A. We have 720 beds to put patients in, and we are licensed for 791 beds.

Q. How many beds will we have on the 11th floor when it is built out?

A. We will eventually have 30 beds with plans to have 18 staffed a year from now.

Q. What are the plans for 5B?

A. Going to the 11th floor and putting in a Critical Care Unit from scratch is actually less money per new bed than all the changes we would have to make by moving several areas to make room for it on the fifth floor. One option we are strongly considering for part of the fifth floor is making an admissions/discharge unit. When we are full in the ER, we can place patients in that area while they are waiting for a room and get a lot of work done (such as assessments and lab work) prior to sending them to a unit.

Q. What are the plans for the 30 beds on the 11th floor?

A. Basically they will be a Medical ICU. Our biggest need is beds for infectious and non-cardiac patients so we can move them out of CVICU and CCU. A lot of the patients who need to move out of those units are MICU patients.

Q. The clinical lab is out of space.

A. To make the ER waiting room bigger, one place to go is the lab. It is part of the big domino effect that would happen. We are looking at space in the library, the conference room by the lab, the lounge for administration, and Management Systems on the mezzanine. The hallway near Pathology also might be utilized. A whole lot of dominos have to fall to get the lab more space, but we are looking at the possibilities.

Q. What is the target date to separate Preparation and Recovery. They are now grouped together in the Hickingbotham Outpatient Center. We continue to add business and are getting in a bad spot tying up beds.

A. There is no target date. We have talked about this issue, but some of the other things we've talked about this morning are a higher priority because we are closing our doors to the public when there are no Critical Care beds. We did that 10 percent of the time in the fourth quarter of last year. We have a serious issue in the ER waiting room, which is not clinical space but it supports clinical space.

Q. What is the deal with Code Adam always going off when the door is open?

A. That door causing that can only be open now with a badge or Dr. Red Stat. It became synonymous to "the boy crying wolf." No one was paying attention because it was going off all the time. We are in the process of correcting this problem.

Q. My issue is with housekeeping. On weekends I am coming in for In-House Recovery, and we are coming in to an area that's nasty. They don't clean it up on Friday night. We come in Saturday morning to a dirty area and do the trash pick-up ourselves. The mess is bad for families to see.

A. I'm guessing that area is just not on housekeeping's schedule. It sounds like an easy problem to fix.

Q. Are there any plans to renovate the waiting room for Critical Care and Surgery? We have people spending the night who complain about the recliners and sofa. Critical Care waiting often flows out to Surgery waiting.

A. It amazes me how often we have to replace items in those waiting rooms. It shouldn't though because we have people in there 24 hours a day. We just put new carpet in. We will examine this area and look to replace worn-out furniture.

Q. Do we divert to BHMC-North Little Rock if we are full?

A. It's not that simple. We have a privately operated ambulance service, MEMS, which takes patients to the nearest facility. If it is the patient's preference, then MEMS will take the patient to North Little Rock. If all the hospitals go on diversion, then the ambulance service goes on round robin taking turns going to full hospitals. Patient transfer from one hospital to another is a physician issue.

Employee Wellness: *Checking Those Lipid Levels*

By Susan Bona, Health Management Center Coordinator, BHMC-LR

Why does the employee wellness program check "lipid levels" as part of the employee wellness assessment? Being aware of your lipid levels as well as understanding what they should be is part of employee wellness. Changes made in your cholesterol levels can reduce the risk of having heart disease.

What are the lipid level values and what should they be?

Four values are reported for a lipid profile — total cholesterol (TC), triglycerides (TG), low-density lipoprotein (LDL), and high-density lipoprotein (HDL).

Remember, the LDL is the "bad" cholesterol, the one that actually builds up in the artery walls if you have too much. The HDL is the "good" cholesterol that helps get rid of extra LDL, if you have a high level of HDL.

Triglycerides are a separate fat that also contribute to heart disease, though not as directly as the LDL. Very high triglycerides can also help cause pancreatitis. The National Cholesterol Education Program (NCEP) establishes and maintains standards for education and treatment of lipid values.

The recommended lipid values as designated by NCEP are:

- TC < 200
- LDL < 100
- HDL > 40
- TG < 150



NCEP has made several changes in guidelines over the past 10 to 12 years based on its review of the scientific data on cholesterol lowering. New guidelines came out on July 13 relating to very high-risk individuals and to lower recommended levels for initiation of drug interventions. Very high-risk individuals, such as those with documented heart disease and those with diabetes, have a new goal LDL level of 70.

What do you do if your results are not in these guidelines? Initially, talk with your doctor, who will take into consideration whether you have other risk factors for heart disease. There are medications that can help correct your cholesterol values, if needed. If you are placed on medication, take your medication as prescribed, and let your physician know if you have a problem with it.

But there are actions you can take with lifestyle choices that would improve your values. Let's talk about these actions.

First: Regular aerobic exercise, such as walking, swimming, and biking can lower your triglycerides, lower your LDL, and increase your HDL.

Second: Lose weight if you're overweight. Weight loss does the same things as regular exercise — it lowers triglycerides and LDL, and it raises the good HDL.

Third: Quit smoking! Smoking cessation increases HDL! Another great benefit!

Fourth: Eat a low-fat, low-cholesterol diet. A healthy diet can decrease triglycerides and LDL, and also raise HDL.

Finally: Eat more fiber. Increasing your intake of fiber decreases your LDL.

The employee wellness team is presenting a series of articles in The Connection on wellness and health topics. Be sure to take advantage of BAPTIST HEALTH's employee wellness program by getting your free wellness test at an upcoming date. Every employee taking part gets a \$120 credit to their personal benefits plan. The wellness testing consists of two parts. The first part includes blood work and checks on your blood pressure, body mass index, and carbon monoxide level. The second is a health survey that you can take over the phone by calling 202-7711 or 1-877-589-7711 or online on EmployeeNet. Both tests are quick and easy and all information is strictly confidential. Spouses can participate for \$10, and all employees participating for the first time receive a \$5 gift certificate to Wal-Mart. Tests will be available through September.

Upcoming employee wellness test dates:

Aug. 6	7-11 a.m.	BHRI In-Service Ed. Room
Aug. 10	7-11 a.m.	BHRI In-Service Ed. Room
Aug. 11	7-11 a.m.	BHMC-NLR Conf. Room #1
	1-3 p.m.	BHMC-NLR Conf. Room #1
Aug. 12	7-11 a.m.	BH Support Center



Baptist Health

Continuing Education

Reservations for the following BAPTIST HEALTH courses should be made for employees by their immediate supervisors by calling BAPTIST HEALTH HealthLine at B-A-P-T-I-S-T (227-8478) or the extensions shown for the class. Please be ready to give specific employee information needed to schedule these classes.

New Employee Orientation

Every Monday (Excluding Holidays),
8 a.m.-12:15 p.m.,
BHSC, Room 1606

New Employee Benefits

Every Monday (Excluding Holidays),
1-4 p.m.,
BHSC, Room 1606

Traditions

(for New Employees)

Every Tuesday (Excluding Holidays),
8 a.m.-5 p.m.,
BHMC-LR, Gilbreath Conf. Center

CPR Challenge

July 30, Aug. 27

8:30 a.m.
BHMC-LR
Schedule with Barbara Wgner, Ext. 2475

CPR Heartsaver

Aug. 6, Sept. 3

8:30 a.m.-4 p.m.
BHMC-LR
Schedule with Barbara Wgner, Ext. 2475

IV Conscious Sedation

Exam Only

Aug. 27 Sept. 24

9 a.m.-noon
BHSC
Schedule with Barbara Hobby, Ext. 1904

Information Associate Course (Five-day course)

Aug. 9-13, Sept. 13-17

8 a.m.-4 p.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

LastWord for Nurse Aides and PCTs

Aug. 4, Sept. 8

8 a.m.-noon (Nurse Aide)
2-4 p.m. (PCTs)
BHSC
Schedule with Barbara Hobby, Ext. 1904

LastWord for RNs/LPNs

Every Friday (Excluding Holidays),

8 a.m.-4 p.m.
BHSC, Training Room #3
Schedule with Barbara Hobby, Ext. 1904

LPN IV Insertion Class

Aug. 3, 13

8 a.m.-5 p.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

LPN IV Push Exam Only

Aug. 10, 27

9 a.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

Nurse Aide Exam, Pre-Employment

Every Tuesday (Excluding Holidays),

9-11 a.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

Nurse Aide Refresher Course, (Two-day course)

Aug. 25-26

8 a.m.-4:30 p.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

Nursing Orientation (Two-day course)

Aug. 11-12

8 a.m.-5 p.m.
BHSC, Room 1606
Schedule with Barbara Hobby, Ext. 1904

Pyxis

Aug. 12, 26

8-11 a.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

RN/LPN Medication Exam, Pre-Employment

Every Tuesday (Excluding Holidays),

9-11 a.m.
BHSC
Schedule with Barbara Hobby, Ext. 1904

Employee Referral Bonus Program Adds Positions to Eligible List

Newly added positions for which you can receive an Employee Referral Bonus means your chances have just gotten better!

As always, simply find and refer one or more of the following and receive a \$1,000 bonus:

- RN/LPN
- Radiology Tech, all specialties
- Respiratory Therapist
- Physical Therapist
- Occupational Therapist
- Pharmacist
- Medical Technologist
- Designated Practice Plus positions
- Histotech
- PT Assistant
- OT Assistant

Refer friends, family, neighbors, or acquaintances who fit into any of the above categories! You gain great employees to work by your side in addition to a \$1,000 financial incentive!

Remember, the applicant must put your name on the application in order for you to qualify for \$1,000, paid out in two equal installments. The first installment will be paid as soon as the applicant begins work for BAPTIST HEALTH, and the second after six months of employment for the applicant, as long as you are also still an employee.

For more information, contact Gwen Wetzel at ext. 2854. ☘

Preschool Openings

The BAPTIST HEALTH preschool centers in Little Rock and North Little Rock offer convenient, top-quality child care at affordable prices for BAPTIST HEALTH employees. All openings are filled on a first-come, first-served basis. Applications must be filled out at the preschool center for specific openings after they have been published.

The following openings are available at the BH Preschool Center-LR:

- ◆ Infants (6 weeks to 6 months) — 12 full-time openings
 - ◆ Toddlers (13 to 15 months) — Four full-time openings
 - ◆ Toddlers (18 to 24 months) — Four full-time openings
 - ◆ Two year olds (Must be 2 by Dec. 31) — Four full-time openings
 - ◆ Four year olds — Four full-time openings
- (Contact for BHMC-LR openings is Charla Rippetto at ext. 1138)

The following openings are available at the BH Preschool Center-NLR:

- ◆ Infants (6 weeks to 12 months) — One full-time opening
 - ◆ Toddlers (12 to 24 months) — One full-time opening
 - ◆ School-age summer program — Four openings
- (Contact for BHMC-NLR openings is Linda Williams at ext. 3875)

Classified Ads

The Connection's classifieds section is free and open to any BAPTIST HEALTH employee, retiree, board member, physician, or physician staff member to advertise items. Phone numbers appearing in ads cannot be BAPTIST HEALTH work numbers. All submissions must also include a name and work extension. Classifieds must be submitted in writing and can be faxed to 202-1740 or e-mailed to jmdishon@baptist-health.org no later than the Friday before publication. Classifieds may be edited as needed.

ALL-TERRAIN VEHICLES: '01 Polaris Xpedition 425, 4x4, manual transmission, 430 miles, like new, \$3,900. Call 501-920-2480.

APARTMENTS/DUPLEXES: Duplex for rent, all bills paid, large 1BR/1BA, washer and dryer connections, fresh paint throughout, large closet space, built-in shelves in living room, \$250 deposit, \$495 per month. Call 960-1188 or 835-9700.

APPLIANCES: Whirlpool electric range, like new, used for nine months, will take \$175. Call 870-255-3980.

AUTOMOBILE ACCESSORIES: Patriotic ribbon magnets, show your patriotism and help send students to the taekwondo fall national championships, yellow "Support our troops," "Pray for our troops," and "We shall not forget" ribbons, also have American flag and pink "Fight Breast Cancer" ribbons to support breast cancer research. Call 749-3095 or 297-7160.

AUTOMOBILES: '99 Honda Accord EX, four cylinder, white with gold package, four door, automatic, power windows, tan velour interior, 72,000 miles, very good mechanical and body condition, \$9,200. Call 568-8639 or 247-0784.

AUTOMOBILES: '99 Chevrolet Cavalier, white, four door, clean, gray interior, new tires and brakes, tinted windows, very dependable, Jacksonville, \$2,900. Call 501-982-1906 or 960-0253.

AUTOMOBILES: '97 Oldsmobile Silhouette GLS, beige metallic with beige leather interior, loaded with extras including luggage carrier, rear sound controls, four captain's chairs, and rear split seat, excellent condition, 80,000 miles, asking \$6,000. Call 227-0472.

AUTOMOBILES: '97 Lincoln Town Car Executive, \$6,000. Call 501-745-2440.

AUTOMOBILES: '97 GMC Jimmy, four-wheel drive, green, fully loaded, everything works great, extra car we don't need, fantastic SUV, \$6,000 or best offer. Call 758-5815.

AUTOMOBILES: '96 Ford Explorer XLT, green, 80,400 miles, multi-CD player, cassette, sunroof, V-8, dual power seats, front and rear A/C, automatic, gray cloth interior, great car for college student, \$5,500. Call 590-1981.

AUTOMOBILES: '94 Lincoln Continental, sharp inside and out, all leather, cold A/C, CD player upgrade, 154,000 vacation miles by retired parents, dark-red exterior and interior, \$3,000 or best offer. Call 529-3489.

AUTOMOBILES: '92 Mazda 626, needs work or can be used for parts, \$500 or best offer. Call 562-6528.

AUTOMOBILES: '91 Mazda Miata convertible, five speed, additional hard top, 161,000 miles, new clutch kit, Pioneer stereo with CD, good interior, cold air, asking \$4,500. Call 315-3448.

AUTOMOBILES: '50 Chevrolet Deluxe, four door, radio, heater, fender skirts, excellent body, interior, and paint, 50,000 miles, \$6,800. Call 501-778-8939.

BOATS: Lowe boat, very nice, not used much, very good condition, good motor and trolling motor, \$5,200. Call 833-8449.

CHILDREN'S ITEMS: Winnie the Pooh items, four-piece crib set, comforter, bumper pad with headboard bumper, crib sheet, lamp, skirt ruffle, crib organizer, wall stickers, rug, mobile, used one month, \$65. Winnie the Pooh swing, used two times, paid \$80, asking \$50. Call 501-612-2356.

CHILDREN'S ITEMS: Graco swing, two speed, great condition, \$25. Call 834-1431.

FARM EQUIPMENT: Kubota tractor, 16 horsepower, only 10 hours of use, comes with trailer, 4-foot Bush Hog, front-engine loader (bucket) and grater blade, \$12,500. Call 501-262-2423.

FURNITURE: Dining-room set, cherry wood, square table, beveled glass top, four chairs, great condition, \$375. Call 940-4017.

FURNITURE: Sofa, plaid with hunter green and some country blue on a beige background, \$40. Call 870-246-1593.

HOUSE FOR SALE: Completely remodeled home in Stiff Station/Capital View neighborhood in Little Rock, 3BR/1BA, original and just-refinished hardwood floors throughout, kitchen remodeled in June, all-new custom cabinets, brand-new appliances, \$138,000. Call 786-1273.

HOUSE FOR SALE: Perryville, 1,400 square feet, 3BR/1.5BA, kitchen with dining or family room, living room, walk-in closet, garage and storage building, good schools. Call 501-889-5392.

HOUSE FOR SALE: Weekend getaway cabin, 1BR, 1.2 wooded acres, a few minutes north of Conway, built in 2000, electricity, city water and septic, great view from deck, \$29,500. Call 501-329-2029.

JEWELRY: Wedding band, new, never worn, men's, white gold, size 11, \$125. Call 672-0228.

MISCELLANEOUS: Vacation, enjoy seven days and six nights at the Fairfield Resort in Nashville, Tenn., Sept. 10-17, two to four people, \$550. Call 501-315-3665.

MISCELLANEOUS: Mary Kay sale, 30 percent off all skin care and cosmetics in inventory. Call 837-5094.

MOTORCYCLES: '01 Suzuki Bandit 1200S, maroon, excellent condition, asking \$3,800. Call 501-860-1421.

MUSICAL INSTRUMENTS: Bach TR300H trumpet with lacquer finish, \$400. Call 607-4184.

PETS: Jack Russell terrier puppies, EIRTC registered, ready for new homes, two females and four males, starting at \$250. Call 607-4455.

PETS: Labrador retriever puppies, AKC, black, beautiful and healthy, parents on premises. Call 501-225-5555.

PETS: Free female cat, black and white, medium-length hair, born with no tail, found on porch, raised on bottle, about 3 months old, used to kids and small dog. Call 612-6852.

PETS: Free to good home, small female dog, looks like a fat Taco Bell dog, house trained, spayed, lives with Grandma, raised with kids, sleeps in kennel, owner would like to travel without pets. Call 612-6852.

SERVICES: Moving? Call the pros at Moving Right Along, save money, time, and stress, advice is free, price negotiable. Call 301-8131.

SPORTS & FITNESS: Top Flite golf clubs, advance set includes stand bag, 3/5 woods, 4 hybrid, 5-9 irons, pitching/sand wedge, putter, two months old, purchased new for \$299, selling for \$200. Call 425-9004.

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An average person spends six years of their life eating.

THE Connection

The Connection is a biweekly newsletter published for employees — like Mark Maples — physicians, retirees and special friends of BAPTIST HEALTH. Maples, a transport III for external van transportation at BHMC-North Little Rock, joined the growing BAPTIST HEALTH network in October 1995. The Connection, with a circulation of more than 7,500, is published by BAPTIST HEALTH. Suggestions or information for The Connection may be sent to BAPTIST HEALTH, Strategic Development, 9601 I-630, Exit 7, Little Rock, AR 72205-7299; e-mailed to jmdishon@baptist-health.org; or voice mailed to 202-1811.

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Baptist Health